



## A Day in the Life of Family Camp

We will be running two different meal schedules in order to reduce the number of people in the dining hall at one time. Below is the early meal schedule.



**7:00AM • Morning Activity** • Every morning families are invited for either a sunrise paddle or morning walk.

**7:00AM • Wake Up** • Good morning!

### 7:30AM • Breakfast

A delicious and nutritious breakfast is served in the dining hall. Loon Lake and Camp Pringle kitchen staff can accommodate for your dietary needs.

### 8:30 AM • Morning Activity Block 1

In the morning activity blocks children and youth will be doing activities, games or crafts in age groups facilitated by camp volunteers and staff. Caregivers will be able to choose from a variety of programs at this time, including the ropes course, boating, or relaxing!

### 9:45AM • Morning Activity Block 2

### Free Time • 11:00PM

Take the opportunity to rest and recharge before another fun afternoon packed with activities.

### Lunch • 11:45PM

Families come together and enjoy a nutritious and delicious meal while connecting about their morning activities.

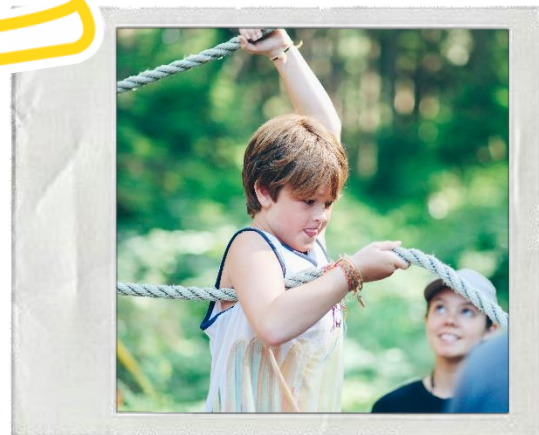
### Cabin Rest • 12:30PM

Families spend some time in their cabin or around camp resting or recharging before the afternoon programs.

### Family Activity Choice 1 • 1:45PM

Family can choose from a variety of programs in the afternoon as a whole family or just for the children. These activities include the waterfront, high ropes course, archery, music, or creative programming

### Family Activity Choice 2 • 3:00PM



### 4:15 PM • Free Time or Family Photos

Families can either relax, enjoy the activities around camp or sign up for a professional family photo shoot on the lake.

### 5:00 PM • Dinner

A delish way to end the day, look back on your favourite memories from a fantastic day at camp!

### Sunset Paddle • 6:00PM

Head down to the waterfront to enjoy an evening on the lake! Families can hang out on the beach or take a kayak, canoe, or paddle board out for a spin!

### Evening Activities • 7:00PM

Every night at camp, you and your family will have a choice of an activity to take part in with the other families who made the same choice! Activities like campfire, family game shows or creative programming!

### 8:00PM - 10:00PM • Snack and Evening Program

The whole camp will enjoy a nutritious snack, as well as an optional evening program! Younger kids may be ready to head off to bed, families may take this time as free time, or join the rest of the camp for a special program like an outdoor movie!





## A Day in the Life of Family Camp

We will be running two different meal schedules in order to reduce the number of people in the dining hall at one time. Below is the late meal schedule.



**7:00AM • Morning Activity** • Every morning families are invited for either a sunrise paddle or morning walk.

**8:00AM • Wake Up** • Good morning!

### 8:30AM • Breakfast

A delicious and nutritious breakfast is served in the dining hall. Loon Lake and Camp Pringle kitchen staff can accommodate for your dietary

### 9:30 AM • Morning Activity Block 1

In the morning activity blocks children and youth will be doing activities, games or crafts in age groups facilitated by camp volunteers and staff. Caregivers will be able to choose from a variety of programs at this time, including the ropes course,

### 10:45AM • Morning Activity Block 2

### Free Time • 12:00PM

Take the opportunity to rest and recharge before another fun afternoon packed with activities.

### Lunch • 12:45PM

Families come together and enjoy a nutritious and delicious meal while connecting about their morning activities.

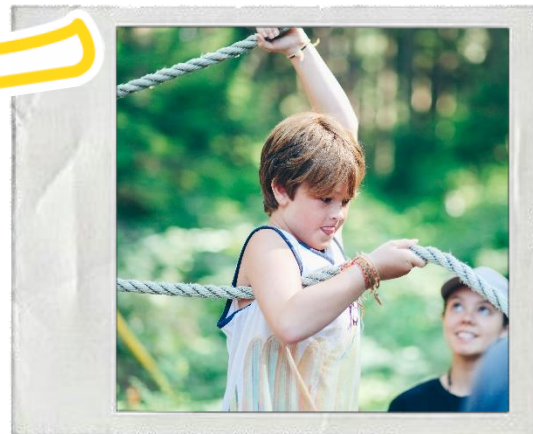
### Cabin Rest • 1:30PM

Families spend some time in their cabin or around camp resting or recharging before the afternoon programs.

### Family Activity Choice 1 • 2:45PM

Family can choose from a variety of programs in the afternoon as a whole family or just for the children. These activities include the waterfront, high ropes course, archery, music, or creative programming

### Family Activity Choice 2 • 4:00PM



### 5:15 PM • Free Time, Sunset Paddle or Family Photos

Families can either relax, enjoy the waterfront by taking a boat out for a spin or sign up for a professional family photo shoot on the lake.

### 6:00 PM • Dinner

A delish way to end the day, look back on your favourite memories from a fantastic day at camp!

### Evening Activities • 7:00PM

Every night at camp, you and your family will have a choice of an activity to take part in with the other families who made the same choice! Activities like campfire, family game shows or creative programming!

### 8:00PM - 10:00PM • Snack and Evening Program

The whole camp will enjoy a nutritious snack, as well as an optional evening program! Younger kids may be ready to head off to bed, families may take this time as free time, or join the rest of the camp for a special program like an outdoor movie!

