

## A day in the life of Family Camp



**7:00 a.m. • Morning activity •** Every morning families are invited to either a sunrise paddle or morning walk.

7:30 a.m. • Wake up • Good morning!

**8:00 a.m. • Breakfast •** A delicious and nutritious breakfast is served in the dining hall. Loon Lake and Camp Pringle kitchen staff can accommodate for your dietary needs.

**9:15 a.m. • Morning activity block 1 •** In the morning activity blocks children and youth will be doing activities, games or crafts in age groups facilitated by camp volunteers and staff. Caregivers will be able to choose from a variety of programs during this time, including the ropes course, yoga, boating or relaxing in a hammock!

Morning activity block 2 • 10:30 a.m.

Lunch • 12:00 p.m.

Families come together and enjoy a nutritious and delicious meal while connecting about their morning activities.

Cabin rest • 1:00 p.m.

Families spend some time in their cabin or around camp resting or recharging before the afternoon programs.

Family activity choice 1 • 2:15 p.m.

Families can sign up for a variety of programs in the afternoon as a whole family or just for the children. These activities include the waterfront, high ropes course, archery, music or creative programming

Family activity choice 2 • 3:45 p.m.

**5:00 PM • Free time or family photos •** Families can either relax, enjoy the activities around camp or sign up for a professional family photo shoot on the lake.

6:00 PM • Dinner •

## Evening activities • 7:00 p.m.

Every night at camp, the whole camp community comes together to take part in an all-camp activity you can enjoy with other families.

**8:30 – 10:00 p.m. • Snack and games •** We will have a nutritious snack in the dining hall as well as board games that you can enjoy with your volunteer or another family!



