



## A DAY IN THE LIFE AT FAMILY CAMP



7:00 a.m. • **Morning activity** • Every morning families are invited to either a sunrise paddle or morning walk.

7:30 a.m. • **Wake up** • Good morning!

8:00 a.m. • **Breakfast** • A delicious and nutritious breakfast is served in the dining hall. Loon Lake and Camp Pringle kitchen staff can accommodate for your dietary needs.

9:15 a.m. • **Morning activity block 1** • In the morning activity blocks children and youth will be doing activities, games or crafts in age groups facilitated by camp volunteers and staff. Caregivers will be able to choose from a variety of programs during this time, including the ropes course, yoga, boating or relaxing in a hammock!

**Morning activity block 2** • 10:30 a.m.

**Lunch** • 12:00 p.m.

Families come together and enjoy a nutritious and delicious meal while connecting about their morning activities.

**Cabin rest** • 1:00 p.m.

Families spend some time in their cabin or around camp resting or recharging before the afternoon programs.

**Family activity choice 1** • 2:15 p.m.

Families can sign up for a variety of programs in the afternoon as a whole family or just for the children. These activities include the waterfront, high ropes course, archery, music or creative programming



**Family activity choice 2** • 3:45 p.m.

5:00 PM • **Free time or family photos** • Families can either relax, enjoy the activities around camp or sign up for a professional family photo shoot on the lake.

6:00 PM • **Dinner** •

**Evening activities** • 7:00 p.m.

Every night at camp, the whole camp community comes together to take part in an all-camp activity you can enjoy with other families.

8:30 – 10:00 p.m. • **Snack and games** • We will have a nutritious snack in the dining hall as well as board games that you can enjoy with your volunteer or another family!

